

FOOD ESSENTIALS

Officers have been working extremely hard over the last week or so to develop a food strategy for the city, to ensure people in need are provided for at this difficult time.

A range of help and support has been put in, both for people experiencing difficulties with affording food and other essential provisions at this time, as well as those who cannot shop for themselves.

There are a number of strands to the work, including working with Cardiff Foodbank whose [outstanding efforts supports vulnerable people in the city at all times](#), and local and national businesses who are donating essential items.

The support available is as follows, depending on an individual/family's needs.

People **NOT** self-isolating without funds

- Call Adviceline 029 2087 1071 or visit Cardiff Foodbank website <https://cardiff.foodbank.org.uk/> for information on how to obtain a Cardiff Foodbank voucher. Organisations who hold vouchers are listed on the site, as well as locations where food parcels can be collected
- Emergency food parcels can also be collected from four hubs – Ely & Caerau, The Powerhouse in Llanedeyrn, St Mellons, and Central Library Hub. Anybody who attends at hub will be contacted by the Adviceline to discuss the root cause of a parcel being required and to offer support with benefit enquiries etc.

People self-isolating with funds

- Meals on Wheels_(If they meet required criteria) Prices start from £3.90 Tel: 02920 537 080
Email: mealsonwheels@Cardiff.gov.uk
- Visit the Together for Cardiff pages on the Volunteer Cardiff Website www.volunteercardiff.co.uk Click on 'Find Help Near Me' and then select area and type of help needed. A range of local groups/ businesses will be displayed which they can then contact directly for help.
- Those without internet access or for further info, call the Adviceline who will signpost people to approved local support groups 02920 871 071

People self-isolating without funds

- Call or email Advice Line on 02920 871 071 or advicehub@Cardiff.gov.uk for delivery of food/ essential items parcel. Foodbank voucher will be 'virtually' completed by staff for customers

We are extremely grateful to the hundreds of volunteers who have come forward to support this vital work in our Together for Cardiff scheme, by shopping for individuals who are self-isolating or helping deliver emergency food parcels. Already, 825 food parcels have been delivered and 87 parcels have been collected from hubs.

If anyone in your community would like to join this fantastic effort, please direct them to www.volunteercardiff.co.uk

We are also looking to place a scheme where members of the public and businesses can donate financially to aid this campaign. More details on this, and further strands of our work on food will become available over the coming days and I will update you then.

Councillor Huw Thomas
Leader- Cardiff Council